



Call for what matters *most*

 1300 78 99 78  [mensline.org.au](https://mensline.org.au)

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**mensline.org.au**

MensLine Australia offers free professional phone and online counselling for men concerned about mental health, relationships, and wellbeing.

**Support is available 24/7.**

MensLine Australia is funded by the Australian Government Department of Social Services and is delivered by Lifeline.