



**Talk  
it over.**

**Call 1300 78 99 78  
mensline.org.au**

**MensLine Australia is a safe  
and private place to talk.**

**Free professional counselling  
support for men, 24 hours  
a day, seven days a week.**



**MensLine Australia is a national telephone and online support service for men with family and relationship concerns.**

MensLine supports men who are struggling to deal with issues related to their relationships with partners, children, family, friends or workmates.

The service is available from anywhere in Australia, and our professional counsellors are experienced in men's issues. When things go wrong, MensLine can help you work through your concerns and offer practical strategies for dealing with tough situations.

When you want to talk to someone who can really help, MensLine is available anywhere anytime.

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MensLine Australia is funded by the Australian Government Department of Social Services and is delivered by Lifeline.