

Violence Prevention Program



Free two-month telephone counselling program for men who are worried their thoughts and behaviours may lead to physical violence.

changingforgood.org.au

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Who is this for?

This program is delivered by professional counsellors over the phone for men who are not using physical violence in their relationships but are worried their thoughts and behaviour may lead to violence.

Our counsellors will work with the men to help them be proactive and learn the tools to develop respectful and healthy relationships.

How does it work?

The Violence Prevention Program is free and offers:

- A high support two-month phone counselling program
- Four phone counselling sessions that happen every two weeks and one follow up session after the program is finished
- A professional counsellor who will work with you to understand how your behaviour impacts others and help you develop strategies to cope with anger and respond to conflict safely

Find out more:

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