



**Changing
for Good**

MensLine Australia



Post-Men's Behaviour Change Program

Free six-month telephone counselling program to strengthen relationships and continue the work started in a Men's Behaviour Change Program.

changingforgood.org.au

Post-Men's Behaviour Change Program

Who is this for?

This program is delivered by professional counsellors over the phone for men who have completed a Men's Behaviour Change Program (MBCP) in the last 12 months.

Our counsellors will work with the men to help them keep up the strategies they learned and provide support to help strengthen all relationships in their life.

How does it work?

The Post MBCP program is free and offers:

- An intensive six-month support counselling program
- 12 phone counselling sessions that happen every two weeks and one follow up session after the program is finished
- A professional counsellor who will work with you to continue to achieve the goals set during the MBCP

Find out more:

changingforgood.org.au