

**We help men
change.**

For good.



**MensLine
Australia**

CHANGING FOR GOOD

The Changing for Good program provides telephone counselling for men who want to develop healthy, respectful relationships with others.

Changing for Good is a free program that seeks to maintain behaviours learned during a traditional behaviour change program, or introduce or re-introduce the key concepts and behaviours of sustained behaviour change. We work with men to help them recognise their abusive behaviours and end their use of violence.

We are here to help:

- Men who want support to make violence free choices in the way they interact with the people they care for
- Men who want to continue the work they have started at their Men's Behaviour Change program

To find out more **call 1300 015 120** or visit the website.

changingforgood.org.au



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